



# THE B.C. INTERIOR INVITATIONAL TAEKWONDO CHAMPIONSHIP



HOSTED BY: SALMON ARM TAEKWONDO  
REGISTRATION FORM  
(please print)

NAME: LAST \_\_\_\_\_ FIRST \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

TELEPHONE: ( ) \_\_\_\_\_ EMERGENCY CONTACT: \_\_\_\_\_

AGE: \_\_\_\_\_ YEAR \_\_\_\_\_ MONTH \_\_\_\_\_ DAY \_\_\_\_\_ SEX: MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

TKD SCHOOL NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

SIGNATURE OF INSTRUCTOR / INSTRUCTORS \_\_\_\_\_

BELT LEVEL: \_\_\_\_\_ BLACK BELT (DAN): 1 2 3 4 5

SPARRING: \$40.00 \_\_\_\_\_ POOMSE: \$40.00 \_\_\_\_\_ BOTH: \$40.00 \_\_\_\_\_

## LATE REGISTRATION \$50.00 FOR ONE OR BOTH EVENTS

Please make cheques payable to “Salmon Arm Tae Kwon Do Inc.”

I, the undersigned, hereby submit my application for registration in this Taekwondo Championship. I voluntarily assume all risks in any way connected with my participation in the said tournament and hereby waive all claims howsoever cause, including negligence, against any and all persons, and any and all organization and the tournament for any injuries that I may sustain during my participation during the above mentioned events. I also assume full responsibility for my actions and conduct during and in connection with the said tournament

I agree that my performance and/or attendance at the competition may be filmed or otherwise recorded or possibly be telecast live, and I consent to the use by Salmon Arm Tae Kwon Do Dojang, officials and directors, their assignees and licensees of my name, likeness, voice, poses, pictures, and biographical data concerning me, fully or in any language with or without material throughout the world without limitation, for television, radio, and /or theatrical motion pictures by any device known or hereafter devised and I waived compensation. **If I fail to show up to the competition, I knowingly forfeit all applicable registration fees.**

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN \_\_\_\_\_  
(If under 18 years of age)





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**RULES:**

**EXCEPTIONS:**

**OLYMPIC STYLE WTF RULES**

No head contact for colored belts, 14 years and under and seniors.  
Full contact for all black belt divisions.

**EQUIPMENT:**

ALL SPARRING EQUIPMENT (headgear, chest protectors, shin/arm/groin protectors) are MANDATORY and must be supplied by the competitors. Mouth guards are MANDATORY for students under 16 years of age and are highly recommended for students over 16 years of age. No equipment will be supplied.

**DIVISIONS:**

Competitor match-ups will be as fair as is possible. Divisions will be made up prior to the start of championship. Children divisions will start at 4 years of age and continue through to 16 years of age. Adults will be 17 years and over. Senior Men and women divisions begin at 34 years of age and over.

**MATCHES:**

Colored belt matches will be:  
2 - one minute rounds with a 30 second break.  
Black belt matches will be:  
2 - two minute rounds with a 30 second break.  
Finals will be 3 - two minute rounds.  
All matches are subject to modification.

**MEDALS:**

Medals for all divisions, presented throughout the day.  
Trophies for:  
1<sup>st</sup> Place - Black Belts - (patterns & sparring)

**DURING THE TOURNAMENT THERE WILL BE  
SPECIAL DRAWS  
AND PRIZES  
FOR THE WHOLE FAMILY !**





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**SATURDAY  
OCTOBER 8, 2005**

**SHUSWAP JUNIOR SECONDARY SCHOOL  
171-30th Street S.E. Salmon Arm, B.C.**

Doors open: 8:30am

Tournament Start time: 9:30am

Admission at the door:

**\$5.00** adults    seniors & children **\$4.00**    6 & under free

BRING A NON-PERISHABLE FOOD ITEM FOR THE  
FOOD BANK, AND RECEIVE

**ONE DOLLAR**

**OFF ADMISSION PRICE !**

During the tournament there will be

**Special draws**

**and prizes**

for the whole family !

There will be demonstrations as well as forms and sparring.

Olympic Style - World Taekwondo Federation Rules

Hosted by

**SALMON ARM TAEKWONDO**

For more info call (250) 833-0661 or 833-5332



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## POOMSE

6 YEARS & UNDER BOYS & GIRLS		GREEN & UNDER	BLUE & OVER	
7 & 8 YEARS	BOYS & GIRLS	WHITE & YELLOW	GREEN & BLUE	RED & UP
9 & 10 YEARS	BOYS & GIRLS	WHITE & YELLOW	GREEN & BLUE	RED & UP
11 & 12 YEARS	BOYS	WHITE & YELLOW	GREEN & BLUE	RED & UP
11 & 12 YEARS	GIRLS	WHITE & YELLOW	GREEN & BLUE	RED & UP
13 & 14 YEARS	BOYS	WHITE & YELLOW	GREEN & BLUE	RED & UP
13 & 14 YEARS	GIRLS	WHITE & YELLOW	GREEN & BLUE	RED & UP
15 & 16 YEARS	BOYS	WHITE & YELLOW	GREEN & BLUE	RED & UP
15 & 16 YEARS	GIRLS	WHITE & YELLOW	GREEN & BLUE	RED & UP
17 - 33 YEARS	MEN	WHITE & YELLOW	GREEN & BLUE	RED & UP
17 - 33 YEARS	WOMEN	WHITE & YELLOW	GREEN & BLUE	RED & UP
34 - 45 YEARS	MEN	WHITE & YELLOW	GREEN & BLUE	RED & UP
34 - 45 YEARS	WOMEN	WHITE & YELLOW	GREEN & BLUE	RED & UP
46 - 60 YEARS	MEN	WHITE & YELLOW	GREEN & BLUE	RED & UP
46 - 60 YEARS	WOMEN	WHITE & YELLOW	GREEN & BLUE	RED & UP





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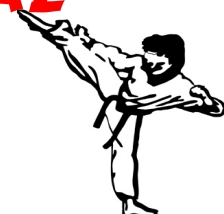
## GYOROOGI

6 YEARS & UNDER BOYS & GIRLS		GREEN & UNDER	BLUE & OVER	
7 & 8 YEARS	BOYS & GIRLS	WHITE & YELLOW	GREEN & BLUE	RED & UP
9 & 10 YEARS	BOYS & GIRLS	WHITE & YELLOW	GREEN & BLUE	RED & UP
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46 - 60 YEARS	MEN	WHITE & YELLOW	GREEN & BLUE	RED & UP
46 - 60 YEARS	WOMEN	WHITE & YELLOW	GREEN & BLUE	RED & UP

All sparring will consist of light and heavy categories.  
(More divisions will be added if necessary)  
All black belt categories will be light, middle, heavy



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TAEKWONDO SCHOOL: \_\_\_\_\_

SCHOOL INSTRUCTOR: \_\_\_\_\_

**Please print clearly**

NAME	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME:	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME:	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME:	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME	SEX:	AGE:	BELT:	PATTERN	SPARRING
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NAME	SEX:	AGE:	BELT:	PATTERN	SPARRING
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NAME:	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME:	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME	SEX:	AGE:	BELT:	PATTERN	SPARRING
NAME:	SEX:	AGE:	BELT:	PATTERN	SPARRING

**Please send this sheet and payment by September 30 .05 to:  
1611- 14<sup>th</sup> STREET SE SALMON ARM, B.C. V1E 2G6**

For our 10 year celebration we will be taking pre-orders for T-Shirts, Pennants, Novelty items, and more. Also a full line of equipment will be on hand (no advance sales for equipment). Please call (833-0661 or 833-5332), fax (832-9494), or e-mail ( [satkd@sunwave.net](mailto:satkd@sunwave.net) ), if you need any other information or to place an order. Payment for these items to be made **no later than 1 week in advance**, please. Please call, email or fax us for a list of available products.

