

Northwest Tae Kwon Do Association
Presents

Oregon / Washington

Friendship Tournament

VANCOUVER, WASHINGTON

Jason Lee Middle School NW 9th Avenue - Vancouver, Washington

FEBRUARY 26TH, 2005

Registration Opens
8:00am

Black Belt Meeting
8:30 am

Eliminations begins
9:00 am



Olympic Sparring
&
Point Sparring

Forms

Tae Kwon Do
Tang Soo Do
Moo Duk Kwon
ITF
WTF
ATA
USTU

Sponsored by

Northwest Tae Kwon Do Association
Salmon Creek Tae Kwon Do
Amateur Athletic Union

AAU Member Discount: \$10.00
Registration Fee: Two Events
By Mail (Due Feb. 20): \$45.00
At Tournament: \$55.00

CALL FOR INFORMATION

Salmon Creek Tae Kwon Do
PH: 360-909-4563
FAX: 360-571-8966
www.nwtaekwondofirst.com

We would like to welcome everyone to the Northwest Tae Kwon Do Oregon/Washington Friendship Tournament. For this tournament we are inviting martial artists from all over the Northwest, and we would like to extend a warm welcome to each and every one of you. Our primary goal at this event is to promote GOODWILL amongst all martial arts. Our divisions have been arranged to give a fair opportunity to all competitors. We hope that this is a great event for all of you, and we will try to make this a memorable and enjoyable Tournament for all.

GOOD LUCK TO ALL OF YOU,

Respectfully

Master Paul Inglis

All AAU competitors will receive a \$10.00 registration discount. Annual AAU Dues are \$12.00 for children and \$22.00 for adults. This event is open to all Forms competitors and we will be following AAU rules for POINT & FULL CONTACT SPARRING. See Tournament directors for details.

TOURNAMENT DIRECTORS: MASTER RIC GORDON
MASTER PAUL INGLIS

DATE: SATURDAY, Feb. 26, 2005

PLACE: JASON LEE MIDDLE SCHOOL
9th AVENUE
VANCOUVER, WA 98665

TIME: REGISTRATION BEGINS AT 8:00 A.M.
BLACK BELT MEETING AT 8:30 A.M.
COMPETITION BEGINS AT 9:00 A.M.

ENTRY FEE: \$45 ALL REGISTRATIONS RECEIVED
PRIOR TO Feb. 20th, \$55 AT TOURNAMENT

EVENTS: DIVISIONS/FORMS: Open & Olympic forms
SPARRING: Point & Full contact

SPARRING RULES: FULL CONTACT
Current AAU Olympic rules will apply.
See rule book for details
Rule Book available at www.aautaekwondo.org

Adult Black & Red Belts-AAU adult rules

1. Face contact with feet only
No punching to face!!
2. Body contact with protector
3. No groin kicks

POINT
AAU Rules Apply.

1. Fist, backfist & ridgehand to helmet
2. Controlled foot to body & helmet

SPARRING ROUNDS: Adult Black belts – 2min, 2 rds
Adult Color Belts – 1.5min, 1 rd
Adult White/Yellow Belts – 1min, 1rd
Under 16, ALL Belts – 1min, 1rd
Competitors Fight Round Robin

DRIVING DIRECTIONS

1. Coming North or South on I-5 take the 99th St. exit
2. Go West about 1 mile to 9th Ave.
3. Turn left on 9th Ave. & go 1 mile
4. Jason Lee is on right.

EQUIPMENT REQUIRED:

UNIFORMS, FOREARM, SHIN/INSTEPS, HEAD & CHEST PROTECTORS, AND MOUTHGUARDS

PROCEEDS: Go to support AAU schools, local organizations that promote safety and the well being of our youth & families and to "Team Washington".

ADMISSION FEE: \$5.00, children under 5 FREE.

METHOD OF PAYMENT: Cash Check Visa MasterCard
Card Number _____
Exp. Date _____
Print Name _____
Signature _____

2005 NW TAE KWON DO ASSOC. OREGON/WASHINGTON FRIENDSHIP TOURNAMENT
 February 26, 2005 – Jason Lee Middle School Gymnasium – Vancouver, Washington

INDIVIDUAL COMPETITORS APPLICATION FORM

(Please print or type clearly)

Last Name: _____ First Name: _____ M.I.: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Home Phone: (____) _____ Email: _____
 Date of Birth: _____ Age: _____ Sex: _____ Rank: _____
 Name of School: _____ School Phone: (____) _____
 Head Instructor: _____ School Address: _____
 Competition Weight: _____ Competition Rank: _____
 AAU Association Name: _____ AAU Number: _____

In Advance Competition Fee: 1 or 2 Events = \$45.00, Additional Events = \$5.00 each

At Door Competition Fee: 1 or 2 Events = \$55.00, additional Events = \$10.00 each

Pre-registration: Postmarked date by February 20, 2005

IF THE NUMBER OF COMPETITORS FOR ANY ONE DIVISION IS LESS THAN EIGHT,
 THE TOURNAMENT DIRECTOR MAY COMBINE TWO OR THREE AGE GROUPS INTO A SINGLE GROUP.

| AGE GROUP | BELT CATEGORY | WEIGHT CLASS | COMPETITION |
|---|--|---|---|
| <input type="checkbox"/> 6 & under | <input type="checkbox"/> Beginner (White/Yellow) | <input type="checkbox"/> Light Weight | <input type="checkbox"/> Poomse (forms) SPARRING |
| <input type="checkbox"/> 7-8 <input type="checkbox"/> 13-14 | <input type="checkbox"/> Intermediate (color) | <input type="checkbox"/> Heavy Weight | |
| <input type="checkbox"/> 9-10 <input type="checkbox"/> 15-16 | <input type="checkbox"/> Advanced (Red/Brown) | | <input type="checkbox"/> Full Contact <input type="checkbox"/> Point |
| <input type="checkbox"/> 11-12 <input type="checkbox"/> 17-18 | <input type="checkbox"/> Child Black (under 18yrs) | <input type="checkbox"/> Adult Black (from below) | |
| <input type="checkbox"/> Adult 16-34 | <input type="checkbox"/> Adult Black (16-34yrs) | <input type="checkbox"/> Adult Black (from below) | Check all applicable boxes. |
| <input type="checkbox"/> Adult 35-44 | <input type="checkbox"/> Exec Sr. Black (35+yrs) | | |
| <input type="checkbox"/> Adult 45-54 | | <input type="checkbox"/> Exec.Sr.Black (from below) | |
| <input type="checkbox"/> Adult 55+ | | | |

| WEIGHT CLASS | ADULTS | | EXECUTIVE | SENIORS |
|--------------|-------------------|-------------------|-------------------|-------------------|
| | Male | Female | Male | Female |
| Fin | Under 118.9 lbs | Under 103.5 lbs | Under 125.1 lbs | Under 103.1 lbs |
| Fly | 118.9 - 127.6 lbs | 103.5 - 112.2 lbs | 125.1 - 135.0 lbs | 103.1 - 113.0 lbs |
| Bantam | 127.7 - 136.4 lbs | 112.3 - 121.0 | 135.1 - 145.0 lbs | 113.1 - 123.0 lbs |
| Feather | 136.5 - 147.4 lbs | 121.1 - 129.8 lbs | 145.1 - 155.0 lbs | 123.1 - 133.0 lbs |
| Light | 147.5 - 158.4 lbs | 129.9 - 138.6 lbs | 155.1 - 165.0 lbs | 133.1 - 143.0 lbs |
| Welter | 158.5 - 171.6 lbs | 138.7 - 147.4 lbs | 165.1 - 175.0 lbs | 143.1 - 153.0 lbs |
| Middle | 171.7 - 184.8 lbs | 147.5 - 158.4 lbs | 175.1 - 185.0 lbs | 153.1 - 163.0 lbs |
| Heavy | Over 184.4 lbs | Over 158.4 lbs | Over 185.0 lbs | Over 163.0 lbs |

Make certified checks or money orders payable to: NWTKD

Mail completed application to: NWTKD 121 165th Street East, Spanaway, WA 98387
 Phone: 235-536-1146 or 360-909-4563
 Fax: 253-537-0787 or 360-571-8966

I the undersigned, do hereby voluntarily submit my application for attendance and participation in the Northwest Tae Kwon Do Vancouver Friendship Tournament to be held on February 26, 2005, at Jason Lee Middle School Gym, Vancouver, WA. I hereby assume full responsibility for any and all damages while attending or participating, and do hereby waive all claims against the promoters, operators, sponsors and individuals for any and all damages that I may sustain, either known or unknown or arising in the future, that I may have cause for action, losses, damages, costs, expenses to include attorney fees. I fully understand that the medical treatment will be of a first aide nature only. I fully consent that any pictures furnished by me or videos taken of me in connection with this event, now or in the future can be used for publicity, promotion or television showing, and I waive compensation now and into the future for them. We reserve the right to refuse entrance or participation to any individual.

Parent/Guardian must sign if under 18 years of age _____ Date _____

SIGNATURE OF CONTESTANT _____

SIGNATURE OF PARENT/GUARDIAN _____

FOR OFFICIAL USE ONLY: COMPETITOR # _____ ACCEPTED _____ REJECTED _____