



# BC OPEN 2003

## Olympic Taekwondo Tournament

Welcome!



### GENERAL INFORMATION

\* DEADLINE FOR COMPETITOR PRE-REGISTRATION IS NOVEMBER 1<sup>ST</sup> 2003

<b>DATE</b>	<b>Saturday Nov 8th, 2003</b>	
<b>PLACE</b>	<b>Douglas Park Community School 5409-206<sup>th</sup> Street Langley B.C</b>	
<b>TIME</b>	Doors open	9am
	Poomse (forms) all ranks	10am
	Gyoroogi (sparring) all ranks (follows poomse)	12am approximate
<b>FEES</b> Canadian funds All Non Refundable	Competitors	Prepaid/Pre-registered \$ 35.00
		Late Registration \$ 50.00
	Spectators	\$5, 12 and under \$2, Pre-schoolers Free
<b>RULES</b>	Sparring	Olympic, WTF, Modified ~ Community
	Forms	Any recognized TKD style
<b>SAFETY EQUIPMENT</b>	Competitors <i>Must</i> Supply Their Own. Must Be Competition Approved Safety Equipment MANDATORY Groin protector, mouth guard, forearm, shin & instep protectors, approved head gear & chest protectors (WTF style best)	
<b>DURATION</b>	Color Belts	2 rounds @ 1 minute each
	Black Belts	2 rounds @ 2 minutes each
	Black Belt Finals	3 rounds @ 2 minutes each
<b>ELIGIBILITY</b>	All players must be members of a recognized Tae Kwon Do club, & must be registered and paid for event. Points earned towards Provincial status will only be awarded to BC Taekwondo Association members	
<b>AWARDS</b>	Medals 1st, 2nd, 3rd x 2	

**REFEREE REFRESHER** ~ Friday November 7th, 2003, 6pm 'Sharp'. Fee \$10 Canadian, \$5 Rule Book, Paid to B.C. Tae Kwon Do Association. Mandatory For All Officials. New Rules. Open to all, 13 years or older. Referee's in proper dress, students in uniform. Bring a paper and pen/pencil **\*BONUS A First Aid Refresher** will be included prior to the Ref program!

**Event Directors** Master Christopher Halliwell and Master Darryl Mitchell

Venue generously donated by **Douglas Park Community School**  
Principal ~ Marilynne Waithman Vice-Principal ~ Zoltan Bako

Sanctioned by your BC Tae Kwon Do Association

Hosted by Pacific Coast Taekwondo

Medals supplied by **Coast Awards** ~ 604-534-7220

HAVE A GREAT TIME & LET'S KEEP IT FUN!!!

Phone1-604-530-8922 /Fax 530-4752

For more Details / Rules ~ [www.bctaekwondo.org](http://www.bctaekwondo.org)

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Competitor Details and Registration ~ Circle or **highlight** your category(s)

POOMSE (Form)	8 Years & Younger	9 - 12	13 - 15	16 - 29	30 - 39	40 Years +
Yellow/White	P8YW	P9YW	P13YW	P16YW	P30YW	Beginners P40B
Blue/Green	P8BG	P9BG	P13BG	P16BG	P30BG	
Black/Red	P8BR	P9BR	P13BR			
Red				P16R	P30R	Advanced P40A
Black				P16B	P30B	

GYOROOGI (Sparring)		6 Years & Below	7 - 8	9 - 12 Male	9 - 12 Female	13 - 15 Male	13 - 15 Female	16 - 34 Male	16 - 34 Female	35 Years +		
Yellow/White	L	6LYW	7LYW	10MLYW	10FLYW	13MLYW	13FLYW	16MLYW	16FLYW	Beginners		
	M							16MMYW	16FMYW	Male-L	35MLB	
	H	6HYW	7HYW	10MHYW	10FHYW	13MHYW	13FHYW	16MHYW	16FHYW	Male-H	35MHB	
Blue/Green	L	6LBG	7LBG	10MLBG	10FLBG	13MLBG	13FLBG	16MLBG	16FLBG	Female-L	35FLB	
	M							16MMBG	16FMBG	Female-H	35FHB	
	H	6HBG	7HBG	10MHBG	10FHBG	13MHBG	13FHBG	16MHBG	16FHBG	Advanced		
Black/Red	L	6LBR	7LBR	10MLBR	10FLBR	13MLBR	13FLBR			Male-L	35MLA	
	M									Male-H	35MHA	
	H	6HBR	7HBR	10MHBR	10FHBR	13MHBR	13FHBR			Female-L	35FLA	
Red	L							16MLR	16FLR	Female-H	35FHA	
	M		* Please note these are category break-downs only for your information. No weigh-in will be used and weight classes will be visually assigned at the staging areas. Please indicate your choice of Poomse and/or Gyorooigi with a simple 'X'						16MMR	16FMR		
	H								16MHR	16FHR		
Black	L											16MLB
	M							16MMB	16FMB			
	H							16MHB	16FHB			

**Please print & keep information accurate. All fields (lines) must be filled out, without exception.**

Full name \_\_\_\_\_ Sex \_\_\_ Age(Nov. 8)\_\_\_\_ Measured: Height(Ft/in)\_\_\_\_ Weight(Lbs)\_\_\_\_

Full address \_\_\_\_\_ Zip \_\_\_\_\_

Phone(s) \_\_\_\_\_ Belt \_\_\_\_\_ Gup \_\_\_\_\_ Competing in Poomse(x)\_\_\_\_ Gyorooigi(x)\_\_\_\_

Fax/E-mail/Website \_\_\_\_\_

School, TKD Style & Instructor \_\_\_\_\_

**PLEASE SUBMIT, THIS ENTIRE PAGE, DO NOT CLIP**

I, the undersigned, hereby submit my application in this tournament. I voluntarily assume all risks in any way connected with my participation in the said tournament, and hereby wave all claims how so ever caused, including negligence against any and all persons, and any and all organizations and directors connected with this event, for any injuries that I may sustain during my participation in this competition. I also assume full responsibility for my actions and conduct during and in connection with this tournament. I consent to be photographed, filmed or telecast at this event, waiving all claims to compensation, for use by anyone without limitation. I will respect and abide by the rules of this tournament. I am fully informed of the nature of this event and the governing rules, risks and conditions. **Having read all of this document, I understand and accept: this agreement; that absolutely no refunds will be made; that incomplete or unreadable forms will be rejected; that I will be registered in my category based on my submitted information and category density; categories may be adjusted added or subtracted; and that ideal matching of competitors cannot be guaranteed. ~ Thank you for your cooperation**

Date(M) (D) Signature(under 18 must be signed by guardian) \_\_\_\_\_

Co-Signer Name/Relationship/Signature \_\_\_\_\_