

POOMSE

POM-1	(9 & Under)	(m/f)	White - Yellow Belt
POM-2	(9 & Under)	(m/f)	Green-Blue Belt
POM-3	(9 & Under)	(m/f)	Red - Black Belt
POM-4	(10-12)	(m/f)	White - Yellow belt
POM-5	(10-12)	(m/f)	Green - Blue Belt
POM-6	(10-12)	(m/f)	Red - Black Belt
POM-7	(13-14)	(m/f)	White -Yellow Belt
POM-8	(13-14)	(m/f)	Green - Blue Belt
POM-9	(13-14)	(m/f)	Red -Black Belt
POM-10	(15-17)	(m/f)	White - Yellow Belt
POM-11	(15-17)	(m/f)	Green - Blue belt
POM-12	(15-17)	(m/f)	Red - Black Belt
POM-13	(18-39)	(m/f)	White -Yellow Belt
POM-14	(18-39)	(m/f)	Green - Blue Belt
POM-15	(18-39)	(m/f)	Red - Black Belt
POM-16	(40+)	(m/f)	White-Green
POM-17	(40+)	(m/f)	Blue-Black

COLOURED BELT SPARRING

SPAR-1	(9 & under)	(m/f)	White-Green Belt
SPAR-2	(9 & under)	(m/f)	Blue - Red Belt
SPAR-3	(10-12)	(m/f)	White-Green Belt
SPAR-4	(10-12)	(m/f)	Blue - Red Belt
SPAR-5	(13-14)	(m/f)	White - Green Belt
SPAR-6	(13-14)	(m/f)	Blue - Red Belt
SPAR-7	(15-17)	(m)	White - Green Belt
SPAR-8	(15-17)	(m)	Blue - Red Belt
SPAR-9	(15-17)	(f)	White - Green Belt
SPAR-10	(15-17)	(f)	Blue - Red Belt
SPAR-11	(18+)	(m)	White - Green Belt (151- lb)
SPAR-12	(18+)	(m)	White - Green Belt (152 -199 lb)
SPAR-13	(18+)	(m)	White - Green Belt (200+ lb)
SPAR-14	(18+)	(m)	Blue - Red Belt (151 - lb)
SPAR-15	(18+)	(m)	Blue - Red Belt (152 -199 - lb)
SPAR-16	(18+)	(m)	Blue - Red Belt (200+ lb.)
SPAR-17	(18+)	(f)	White - Green Belt (129 - lbs.)
SPAR-18	(18+)	(f)	White - Green Belt (130 + lbs.)
SPAR-19	(18+)	(f)	Blue - Red (129 - lbs.)
SPAR-20	(18+)	(f)	Blue - Red (130 + lbs.)

BLACK BELT SPARRING

BBSPAR-1	(9 & under)	(m/f)	(Grouped by Size)
BBSPAR-2	(10-12)	(m/f)	(Grouped by Size)
BBSPAR-3	(13-14)	(m/f)	(Grouped by Size)
BBSPAR-4	(15-17)	(f)	(Grouped by Size)
BBSPAR-5	(15-17)	(m)	- Light
BBSPAR-6	(15-17)	(m)	- Heavy
BBSPAR-7	(18+)	(m)	- Light (151- lb.)
BBSPAR-8	(18+)	(m)	- Middle (152-173-lb.)
BBSPAR-9	(18+)	(m)	- Heavy (174-200-lb.)
BBSPAR-10	(18+)	(m)	- Super Hvy. (201 + lb.)
BBSPAR-11	(18+)	(f)	- Super Light (125 - lb.)
BBSPAR-12	(18+)	(f)	- Light (125 + lb.)

(Categories may be added or deleted as necessary)



Langley Sportsplex, 20165 91a Ave, by Collosus

Referee & Judging Refresher
Friday Nov. 19TH 2004, 6pm Sharp
New Olympic Rules & Electronic Scoring
Fee \$10, Please Make Cheques payable to
B.C. Taekwondo Association

Printing by:

Sponsored by:
VSI Verdic Systems

Pacific Coast Taekwondo

Serving Langley Since 1988



SLAPSHOTS BAR & RESTAURANT

DAILY SPECIALS

FUNDRAISERS



Sandman Hotel
LANGLEY

2004 B.C. OPEN

ALL AGES, ALL RANKS
Olympic Style Taekwondo
Tournament
Sanctioned By



Saturday November 20, 2004
Sportsplex Arena
Langley, B.C.

Doors open @ 9:00 am
Poomse @ 10:00, Sparring to follow

For Registration go to
<http://www.bctaekwondo.org>
Ph: 604-513-9611 Fax: 604-530-4752
Pre-Registration \$35 Can, Registration @ door \$50 Can.
Spectators \$5, Children 12 & Under \$2

Competitor #

WAIVER & REGISTRATION FORM

OFFICE USE ONLY

Name (First) (Last) Male / Female _____ Sex _____ Date of Birth _____ Age _____ Weight _____

Address _____ City _____ Country _____ Home Phone _____ Work Phone _____

Club Name _____ Belt Colour & Rank (Gup/Dan) _____

Instructors Name _____ Category (Sparring) _____ (Poomse) _____

I, the undersigned, hereby submit my application in this tournament. I voluntarily assume all risks in any way connected with my participation in the said tournament, and hereby wave all claims howsoever caused, including negligence against any and all persons, and any and all organizations and directors connected with this event, for any injuries that I may sustain during my participation in this competition. I also assume full responsibility for my actions and conduct during and in connection with this tournament. I consent to be photographed, filmed or telecast at this event, waiving all claims to compensation, for use by anyone without limitation. I will respect and abide by the rules of this tournament. I am fully informed of the nature of this event and the governing rules, risks and conditions. Having read both sides of this page, I understand and accept: this agreement; that absolutely no refunds will be made; that incomplete or unreadable forms will be rejected; that I will be registered in my category based on my submitted information and category density; categories may be adjusted added or subtracted; and that ideal matching of competitors cannot be guaranteed. ~ Thank you for your cooperation

Signed Name

Parent/Guardian Signed Name Printed Name Relation